



# REFERENCES

for "Hops and Yeasts and Malts, Oh My!"

## 1. History of the World in Six Glasses by Tom Standage

<http://www.amazon.com/History-World-Six-Glasses/dp/0802714471>

This book was my inspiration to look at the development of beer in a broader historical context. The beer chapter focuses on the ancient world, and the focus of the book shifts to other beverages for later time periods. Great look at brewing (and other beverage making techniques) as revolutionary technologies.

## 2. Wikipedia on history of beer

[http://en.wikipedia.org/wiki/History\\_of\\_beer](http://en.wikipedia.org/wiki/History_of_beer)

This is actually a really well put together wiki article that gives a nice rundown of beer throughout history, including beer in cultures that we don't cover in the class (Beer in ancient Asia, for example, was brewed early on but was replaced by rice based fermentation). The Wiki also draws on a number of books that have good information, but aren't beer focused, and are probably not worth tracking down if beer is your main interest. Pass on the links for online resources though, as they are dreadful.

## 3. Hymn to Ninkasi Translated

<http://www.piney.com/BabNinkasi.html>

Oldest known beer recipe, a transcribed hymn to the Sumerian beer goddess Ninkasi. Would of originally been a way to combine prayer and brewing, and the poem/hymn format would of made it easier to memorize for non-reading beer brewers.

## 4. How Beer Saved the World (TV 2011)

A documentary that covers a great deal of information on historic advances that were facilitated by beer or brewing (agriculture, writing, pasteurization, refrigeration). Not stuffy, some good information (though a little sloppy on the research). I found the "beer commercial" style of narration and presentation annoying, but it does make an interesting case with regards to the ubiquity of beer in western civilization. I'd give it a conditional recommendation- as a source of inspiration to do further reading. Just don't quote it as fact until you research on your own! You can stream if for free with Netflix instant or online.

## 5. Michael Jackson's Beer Companion: Revised And Updated

This is just a great beer book, and a great place to start reading about beer. It's primarily about beer styles and types, but gets into history when describing methods of ingredients that go into certain beers.

## 6. B- United Website

[www.bunitedint.com](http://www.bunitedint.com)

Of course, for further info about any of the beers we tried today, as well as new classes.